

PROCEDURE LOCATION:

- _____ BEEBE OUTPATIENT SURGERY CENTER, 18941 JOHN J. WILLIAMS HWY, REHOBOTH BEACH, DE. 302-644-6992
(Surgical scheduling will call you after 1 pm the day before your procedure to confirm your arrival time).
 - _____ BEEBE HEALTHCARE OPERATING ROOM, 424 Savannah Road, Lewes, DE 302-645-3000 ext. 4776
(Surgical scheduling will call you after 1 pm the day before your procedure to confirm your arrival time).
- READ INSTRUCTIONS FRONT AND BACK 2 WEEKS BEFORE PROCEDURE.**

UPPER ENDOSCOPY INSTRUCTIONS

Please read both front and back of instructions

Evening before procedure:

No solid foods after midnight the night before the procedure. You may have clear liquids up to 2 hours prior to your procedure. Examples of clear liquids are: Coffee or tea, no cream, broth, clear juice (no orange juice), any carbonated beverages including dark colas, no alcohol.

Day of procedure:

We require a urine **pregnancy test** on women of childbearing age before the procedure.
Be prepared to give a urine sample when you arrive.

-OVER-

MEDICATIONS

“Blood thinners”: If you are taking Aggrenox, Brilinta, Clopidogrel, Coumadin, Effient, Eliquis, Elmiron, Persantine, Plavix, Pletal, Pradaxa, Savaysa, Ticlid, vitamin E, Warfarin or Xarelto, **please contact the provider who prescribes these drugs and get instructions about holding them prior to the procedure.**

Reduce or stop **over the counter non-steroidals** (Aleve, Ibuprofen, Motrin, Naprosyn, Meloxicam, etc.), for one week prior to your procedure due to their blood thinning action. Tylenol and acetaminophen CAN be used as a replacement.

If you are using **ASPIRIN** just to preserve your health, i.e. you never had a stroke, TIA (mini stroke), angina (chest pain), heart attack, peripheral vascular disease, coronary artery disease, and you are not blind in one eye, then stop the aspirin for 10 days prior to the procedure.

If you are on **Baby-Aspirin** and had any of those events listed above, keep taking it. Do not stop it for the procedure.

If you have any questions, call our office.

Diabetes: If you have diabetes contact the provider who prescribes your diabetes medicine. You will need instructions on dosing changes before your procedure. Should you begin to feel like your blood sugar is dropping, you may suck on hard candy, a glucose tab, or have sips of clear juice any time prior to the procedure.

Other medications: You can continue your other medications; particularly heart and blood pressure medications. Take them with some water on the day of the procedure.

Stop herbal medicines and nutritional supplements, vitamins, iron, minerals and weight loss medications (such as phentermine) 14 days prior to the procedure.

Please arrive with the following:

- *Picture ID
- *Insurance cards
- *Medication List (including vitamins and supplements)
- *Responsible driver (18 years old or older)

Your driver **MUST** be able to receive instructions, sign for your discharge, and remain at the center during your entire procedure time. You will be considered legally impaired if you receive ANY sedation. No driving for 24 hours.

Remove all jewelry and piercing. Leave valuables at home

We are unable to use family members as interpreters. If you do not speak/understand English, please let us know if you need an interpreter and we will provide one.

Before your procedure, you will be contacted by a nurse from the Beebe Outpatient surgery center or the OR and from the Beebe Registration Desk. It is imperative that you speak to these departments prior to your procedure, or it may be cancelled. Please ensure we have your correct contact phone number to facilitate this call. **If you have any insurance changes, please contact our office immediately so we can ensure a smooth process.**

WE ARE COMMITTED TO KEEPING YOU SAFE AND ENSURING THAT YOU HAVE A POSITIVE EXPERIENCE WITH US 10/2023